


# November 2024

## Vista 5th Floor Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Resident Birthdays</b> Judy E. 11/6 James T. 11/8 Kathleen O. 11/22 Jimmy C. A. 11/29			<ul style="list-style-type: none"> <li> Cooking</li> <li> Creative</li> <li> Games</li> <li> Intellectual</li> <li> Music</li> <li> Physical</li> <li> Purposeful</li> <li> Social</li> <li> Spiritual</li> </ul>	<b>Resident Birthdays</b> Judy E. 11/6 James T. 11/8 Kathleen O. 11/22 Jimmy C. A. 11/29	9:30 ★ Funny Limericks <b>1</b> 9:45 ↔ Morning Exercises 10:00 🎮 Guess What's in the Balloon? 10:30 🎵 Sing Along with Susie Q 11:00 ↔ Therapeutic Touch with Tammy 3:00 📺 Classic Television	10:00 🎮 Action Table Self-Paced <b>2</b>
<b>Daylight Saving Time Begins</b> <b>3</b> 10:00 🧩 Puzzles Available in Activity Room 11:00 ✝️ Worship Service Live Stream from the Point [CH81]	9:30 ★ Funny Limericks <b>4</b> 9:45 ↔ Morning Exercises 10:00 🎵 Sing Along with Elvis Presley 10:30 🧠 Elvis Presley Facts 11:00 🧠 Musical Word Game 3:00 🎨 Chalk Drawings	<b>Election Day</b> <b>5</b> 9:30 📺 Campus News Channel 81 [CH81] 9:30 📺 Daily Chronicles 9:45 ↔ Morning Exercises 10:00 🧠 Brain Games 11:00 🎵 Music Therapy 2:00 ↔ Therapeutic Touch & Reiki with Anna 3:00 ★ Nail Care 3:30 ★ Music Fails Funny Videos	9:30 ★ Funny Limericks <b>6</b> 9:45 ↔ Morning Exercises 10:00 🎵 National Saxophone Day: Let Reminisce!! 10:30 ✝️ Devotional 11:00 ↔ Chair Exercise with Heidi 3:30 ★ Aromtherapy + Massage Hand	9:30 📺 Daily Chronicles <b>7</b> 9:45 ↔ Morning Exercises 10:00 🎵 Music Therapy 11:00 ★ Wish Bone for Pet Month: Let Make Dog Bones 3:00 ★ Meditation outside on the patio 3:30 🎵 song reminiscing	9:30 ★ Funny Limericks <b>8</b> 9:30 📺 National Pun Day 9:45 ↔ Morning Exercises 10:00 🎵 Music with David Callahan 11:00 ↔ Therapeutic Touch with Tammy 3:00 📺 Classic Television	10:00 🎮 Action Table Self-Paced <b>9</b>
10:00 🧩 Puzzles Available in Activity Room <b>10</b> 11:00 ✝️ Worship Service Live Stream from the Point [CH81]	<b>Veterans Day</b> <b>11</b> 9:30 ★ Funny Limericks 9:45 ↔ Morning Exercises 10:00 🎵 Susie Q Patriotic Music 11:00 📄 Big Thank You Card For our Veterans 3:00 🎮 Tablet Games	9:30 📺 Campus News Channel 81 [CH81] <b>12</b> 9:30 📺 Daily Chronicles 9:45 ↔ Morning Exercises 10:00 🎮 The Money or the Bag 11:00 🎵 Music Therapy 2:00 ↔ Therapeutic Touch & Reiki with Anna 3:30 ★ Aromatherapy	9:30 ★ Funny Limericks <b>13</b> 9:45 ↔ Morning Exercises 10:00 ★ Dance Hall Days Reminisce 10:30 ✝️ Devotional 11:00 ↔ Chair Exercise with Heidi 3:30 🧠 Good News Network	9:30 📺 Daily Chronicles <b>14</b> 9:45 ↔ Morning Exercises 10:00 🎵 Music Therapy 11:00 🍲 National Spicy Guacamole Day: Let make Guacamole!! (Non-spicy) 3:00 ★ Meditation outside on the patio 3:30 🎵 Church Choir reminiscing	9:30 ★ Funny Limericks <b>15</b> 9:45 ↔ Morning Exercises 10:00 🧠 Crafty Corner: November Crafts: Fall tree 11:00 ↔ Therapeutic Touch with Tammy 3:00 📺 Classic Television	10:00 🎮 Action Table Self-Paced <b>16</b> 10:45 🎵 Violin Music with Jane
10:00 🧩 Puzzles Available in Activity Room <b>17</b> 11:00 ✝️ Worship Service Live Stream from the Point [CH81]	9:30 ★ Funny Limericks <b>18</b> 9:45 ↔ Morning Exercises 10:30 🧠 Good News Network 11:00 🧠 Name 10 Boy Names in Ten Minutes: Games 3:00 🎮 Tablet Games	9:30 📺 Campus News Channel 81 [CH81] <b>19</b> 9:30 📺 Daily Chronicles 9:45 ↔ Morning Exercises 10:00 🧠 Thanksgiving Day Memories 11:00 🎵 Music Therapy 2:00 ↔ Therapeutic Touch & Reiki with Anna 3:30 ★ Aromatherapy + Hand Massages	9:30 ★ Funny Limericks <b>20</b> 9:45 ↔ Morning Exercises 10:00 🧠 Thanksgiving Reminisce 10:30 ✝️ Devotional 11:00 ↔ Chair Exercise with Heidi 3:00 🧠 Good News Network	9:30 📺 Daily Chronicles <b>21</b> 9:45 ↔ Morning Exercises 10:00 🎵 Music Therapy 11:00 🍴 Jam Taste Test 3:00 ★ Meditation outside on the patio 3:30 🎵 song reminiscing	9:30 ★ Funny Limericks <b>22</b> 9:45 ↔ Morning Exercises 11:00 🎵 Music with Mike Frankel 11:00 ★ Thanksgiving Party 3:00 📺 Classic Television	10:00 🎮 Action Table Self-Paced <b>23</b>
10:00 🧩 Puzzles Available in Activity Room <b>24</b> 11:00 ✝️ Worship Service Live Stream from the Point [CH81]	9:30 ★ Funny Limericks <b>25</b> 9:45 ↔ Morning Exercises 11:00 🎵 Shake it with Hannah with Musical Instruments 1:30 🧠 Brain Games/ Daily Chronicle Discussion 3:00 🎮 Tablet Games	9:30 📺 Campus News Channel 81 [CH81] <b>26</b> 9:30 📺 Daily Chronicles 9:45 ↔ Morning Exercises 11:00 🎵 Music Therapy 2:00 ↔ Therapeutic Touch & Reiki with Anna 3:00 ★ Nail Care 3:30 ★ Top Ten Buddy Holly Songs	9:30 ★ Funny Limericks <b>27</b> 9:45 ↔ Morning Exercises 10:00 🎮 National Pie in the Face Day 10:30 ✝️ Devotional 11:00 ↔ Chair Exercise with Heidi 3:00 🧠 Good News Network	<b>Thanksgiving</b> <b>28</b> 9:30 📺 Daily Chronicles 9:45 ↔ Morning Exercises 10:00 🧠 Thanksgiving Crafty Corner 11:00 📺 Happy Thanksgiving Charles Brown Movie 3:00 ★ Meditation outside on the patio	9:30 ★ Funny Limericks <b>29</b> 9:45 ↔ Morning Exercises 10:00 🎵 Musical Memories! 11:00 ↔ Therapeutic Touch with Tammy 3:00 📺 Classic Television	10:00 🎮 Action Table Self-Paced <b>30</b>

Happy Thanksgiving

