

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>“And now, let us believe in a long year that is given to us, new, untouched, full of things that have never been.” — Rainer Maria Rilke</p>	<p><b>5</b></p> <p>9:30 † Church Service-Christ Chapel-Vista 2nd Floor</p> <p>2:00 Movie Matinee [9th FI]</p>	<p><b>6</b></p> <p>9:00 ↔ Balance Class with Heidi- [9th FI]</p> <p>9:30 ↔ Morning Fitness [MP]</p> <p>10:00 ★ Soundscapes &amp; Relaxation [MP]</p> <p>10:30 ♀ Current Events w/ Randy Mayeux [9th FI]</p> <p>2:00 ♀ Bingo Fun [HSA]</p> <p>2:00 ♀ Bridge w/Sharon &amp; Friends-All Levels [MP]</p>	<p><b>7</b></p> <p>9:30 ♀ CCY Campus News-Ch. 81</p> <p>9:30 ↔ Morning Fitness [MP]</p> <p>9:45 ♀ Facebook Shares w/ Janet [MP]</p> <p>10:00 ♀ Storying Telling w/Jo Radar [MP]</p> <p>1:30 ★ Shopping- Kohl's</p> <p>2:00 ♀ Men's Social w/ Aaron [9th FI]</p> <p>3:00 ♀ Bridge Group [9th FI]</p> <p>3:15 ↔ Drumba Class w/ Nena [MP]</p>	<p><b>8</b></p> <p>FCM</p> <p>9:00 ↔ Balance Class with Heidi- [9th FI]</p> <p>9:30 ↔ Morning Fitness [MP]</p> <p>10:00 ★ Food Committee Meeting [HSA]</p> <p>10:45 ♀ Table Talk w/ John Hill [9th FI]</p> <p>1:00 ↔ Rocksteady Boxing [9th FI]</p> <p>2:00 Theater Hour w/ Regina [MP]</p> <p>3:00 ★ Smart Knit Wits Group-All Welcome [9th FI]</p>	<p><b>9</b></p> <p>9:30 ↔ Morning Fitness [MP]</p> <p>10:00 ★ Express Your Voice Class [9th FI]</p> <p>10:00 ★ Tranquil Manicures [HSA]</p> <p>2:00 ↔ New! Tai Chi Class w/ Dave [MP]</p> <p>3:00 ♪ Happy Hour w/ Tony Walsh [DR-H]</p>	<p><b>10</b></p> <p>9:30 ↔ Morning Fitness [MP]</p> <p>10:00 ♀ Netflix Series-"Man on the Inside" [MP]</p> <p>2:00 ★ New! Understanding our Subtle Energy and More w/ Anna Perkins [MP]</p> <p>2:00 ♀ Painting Your Spud [HSA]</p>	<p><b>11</b></p> <p>11:00 ↔ 9th Floor Exercise</p> <p>2:00 ♀ Mexican Train Game [DR-H]</p>
	<p>Happy Birthday</p> <p>Gwen 1/8 Betty 1/8 Sandy 1/10 Lenora 1/11 Phyllis 1/13 Caroyln 1/15 Carl 1/15 Sharon 1/24 Don 1/25 Joan 1/25 Tom 1/30</p>	<p><b>12</b></p> <p>9:30 † Church Service-Christ Chapel-Vista 2nd Floor</p> <p>2:00 Movie Matinee [9th FI]</p>	<p><b>13</b></p> <p>9:00 ↔ Balance Class with Heidi- [9th FI]</p> <p>9:30 ↔ Morning Fitness [MP]</p> <p>10:00 ★ Soundscapes &amp; Relaxation [MP]</p> <p>10:30 ★ The Chooosen Series w/ Rev. Barbara Marcum [MP]</p> <p>2:00 ♀ Bingo Fun [HSA]</p> <p>2:00 ♀ Bridge w/Sharon &amp; Friends-All Levels [MP]</p>	<p><b>14</b></p> <p>9:30 ♀ CCY Campus News-Ch. 81</p> <p>9:30 ↔ Morning Fitness [MP]</p> <p>10:00 ♀ Facebook Shares w/ Janet [MP]</p> <p>2:00 ♀ Book Review w/ Richard Stanford [MP]</p> <p>3:00 ♀ Bridge Group [9th FI]</p> <p>3:15 ↔ Drumba Class w/ Nena [MP]</p>	<p><b>15</b></p> <p>9:00 ↔ Balance Class with Heidi- [9th FI]</p> <p>9:30 ↔ Morning Fitness [MP]</p> <p>10:45 ♀ Table Talk w/ John Hill [9th FI]</p> <p>1:00 ↔ Rocksteady Boxing [9th FI]</p> <p>2:00 Theater Hour w/ Regina [MP]</p> <p>3:00 ★ Smart Knit Wits Group-All Welcome [9th FI]</p>	<p><b>16</b></p> <p>9:30 ↔ Morning Fitness [MP]</p> <p>10:00 ★ Express Your Voice Class [9th FI]</p> <p>10:00 ★ Tranquil Manicures [HSA]</p> <p>2:00 ★ Centennial Celebration-Carl Happy 100th [MP]</p>	<p><b>17</b></p> <p>9:30 ↔ Morning Fitness [MP]</p> <p>10:00 ♀ Netflix Series-"Man on the Inside" [MP]</p> <p>11:00 ♀ Tech Talk w/ Daphne Lee- [MP]</p> <p>2:00 ♀ Bridge Group [MP]</p> <p>2:00 ♀ Rummikub [HSA]</p>
	<p><b>19</b></p> <p>9:30 † Church Service-Christ Chapel-Vista 2nd Floor</p> <p>2:00 Movie Matinee [9th FI]</p>	<p><b>20</b></p> <p><u>Martin Luther King, Jr. Day</u></p> <p>9:00 ↔ Balance Class with Heidi- [9th FI]</p> <p>9:30 ↔ Morning Fitness [MP]</p> <p>10:00 ★ Soundscapes &amp; Relaxation [MP]</p> <p>10:30 ★ The Chooosen Series w/ Rev. Barbara Marcum [MP]</p> <p>2:00 ♀ Bingo Fun [HSA]</p> <p>2:00 ♀ Bridge w/Sharon &amp; Friends-All Levels [MP]</p>	<p><b>21</b></p> <p>9:30 ♀ CCY Campus News-Ch. 81</p> <p>9:30 ↔ Morning Fitness [MP]</p> <p>10:00 ♀ Facebook Shares w/ Janet [MP]</p> <p>1:30 ★ Shopping-Target</p> <p>2:00 ♀ Men's Social w/ Aaron [9th FI]</p> <p>3:00 ♀ Bridge Group [9th FI]</p> <p>3:15 ↔ Drumba Class w/ Nena [MP]</p> <p>4:45 ♪ Piano Music w/ Russ Rieger [9th FI]</p>	<p><b>22</b></p> <p>9:00 ↔ Balance Class with Heidi- [9th FI]</p> <p>9:30 ↔ Morning Fitness [MP]</p> <p>10:45 ♀ Table Talk w/ John Hill [9th FI]</p> <p>1:00 ↔ Rocksteady Boxing [9th FI]</p> <p>2:00 Theater Hour w/ Regina [MP]</p> <p>3:00 ★ Smart Knit Wits Group-All Welcome [9th FI]</p> <p>4:45 ♪ Piano Music w/ Russ Rieger [DR-H]</p>	<p><b>23</b></p> <p>9:30 ↔ Morning Fitness [MP]</p> <p>10:00 ★ Express Your Voice Class [9th FI]</p> <p>10:00 ★ Tranquil Manicures [HSA]</p> <p>2:30 ↔ New Tai Chi Class w/ David! [MP]</p>	<p><b>24</b></p> <p>9:30 ↔ Morning Fitness [MP]</p> <p>10:00 ♀ Netflix Series-"Man on the Inside" [MP]</p> <p>2:00 ♀ Rummikub [HSA]</p> <p>3:00 ♪ Birthday Celebration w/ Sam Baker [9th FI]</p>	<p><b>25</b></p> <p>11:00 ↔ 9th Floor Exercise</p> <p>2:00 ♀ Mexican Train Game [DR-H]</p>
	<p><b>26</b></p> <p>9:30 † Church Service-Christ Chapel-Vista 2nd Floor</p> <p>2:00 Movie Matinee [9th FI]</p>	<p><b>27</b></p> <p>9:00 ↔ Balance Class with Heidi- [9th FI]</p> <p>9:30 ↔ Morning Fitness [MP]</p> <p>10:00 ★ Soundscapes &amp; Relaxation [MP]</p> <p>10:30 ★ The Chooosen Series w/ Rev. Barbara Marcum [MP]</p> <p>2:00 ♀ Bingo Fun [HSA]</p> <p>2:00 ♀ Bridge w/Sharon &amp; Friends-All Levels [MP]</p>	<p><b>28</b></p> <p>9:30 ♀ CCY Campus News-Ch. 81</p> <p>9:30 ↔ Morning Fitness [MP]</p> <p>10:00 ♀ Facebook Shares w/ Janet [MP]</p> <p>2:00 ♀ Men's Social w/ Aaron [9th FI]</p> <p>3:00 ♀ Bridge Group [9th FI]</p> <p>3:15 ↔ Drumba Class w/ Nena [MP]</p>	<p><b>29</b></p> <p>9:00 ↔ Balance Class with Heidi- [9th FI]</p> <p>9:30 ↔ Morning Fitness [MP]</p> <p>10:45 ♀ Table Talk w/ John Hill [9th FI]</p> <p>1:00 ↔ Rocksteady Boxing [9th FI]</p> <p>2:00 Theater Hour w/ Regina [MP]</p> <p>3:00 ★ Smart Knit Wits Group-All Welcome [9th FI]</p>	<p><b>30</b></p> <p>9:30 ↔ Morning Fitness [MP]</p> <p>10:00 ★ Express Your Voice Class [9th FI]</p> <p>10:00 ★ Tranquil Manicures [HSA]</p> <p>2:30 ↔ New Tai Chi Class w/ David! [MP]</p>	<p><b>31</b></p> <p><u>National Hot Cocoa Day</u></p> <p>9:30 ↔ Morning Fitness [MP]</p> <p>10:00 ♀ Netflix Series-"Man on the Inside" [MP]</p> <p>11:30 ♀ Lunch Out-TBD</p> <p>2:30 † Hot Cocoa Social [HSA]</p>	